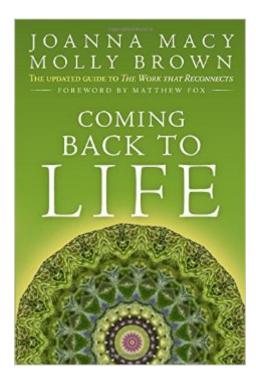
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Coming Back To Life: The Updated Guide To The Work That Reconnects





Synopsis

Deepening global crises surround us. We are beset by climate change, fracking, tar sands extraction, GMOs, and mass extinctions of species, to say nothing of nuclear weapons proliferation and Fukushima, the worst nuclear disaster in history. Many of us fall prey to despair even as we feel called to respond to these threats to life on our planet. Authors Joanna Macy and Molly Brown address the anguish experienced by those who would confront the harsh realities of our time. In this fully updated edition of Coming Back to Life, they show how grief, anger, and fear are healthy responses to threats to life, and when honored can free us from paralysis or panic, through the revolutionary practice of the Work that Reconnects. New chapters address working within the corporate world, and engaging communities of color as well as youth in the Work. The Work that Reconnects has spread around the world, inspiring hundreds of thousands to work toward a life-sustaining human culture. Coming Back to Life introduces the Work's theoretical foundations, illuminating the angst of our era with extraordinary insight. Pointing the way forward out of apathy, it offers personal counsel as well as easy-to-use methods for group work that profoundly affect peoples' outlook and ability to act in the world. Joanna Macy is a scholar, eco-philosopher, teacher, activist, and author of twelve previous books including Coming Back to Life. Molly Young Brown is a teacher, trainer, counselor, and author of four previous books on psychology and Earth-based spirituality.

Book Information

Paperback: 352 pages Publisher: New Society Publishers; Revised ed. edition (November 11, 2014) Language: English ISBN-10: 0865717753 ISBN-13: 978-0865717756 Product Dimensions: 1 x 5.2 x 8.8 inches Shipping Weight: 1.2 pounds (View shipping rates and policies) Average Customer Review: 4.8 out of 5 stars Â See all reviews (9 customer reviews) Best Sellers Rank: #16,949 in Books (See Top 100 in Books) #4 in Books > Religion & Spirituality > New Age & Spirituality > Gaia #19 in Books > Science & Math > Environment > Environmentalism #31 in Books > Science & Math > Nature & Ecology > Conservation

Customer Reviews

We need more people to read this and understand its significance to the times we live in. Easy to

understand, good for teachers, facilitators of group work, people who want the change toward a new sustainable world to be for our spirits as well as the physical world around us.

Coming Back to Life is one of the important books of our time. The view of the world and these times that Joanna and Molly offer is clear and compelling. And for me it is spot on. The exercises and processes they share are powerful. They offer us guidance for working with groups of people to stand awake in this world and to step forward to make a difference. Lately I've been using this framework as a core part of my work in Japan -- both in the 3.11.11 disaster area as well as in other parts of the country. The space it opens up for people is incredible. It is a space where we can dance with our grief and celebrate our joy. It is the space in which we create the future we want.

This is a primer for life at this time in our history, filled with specific ways that you and your community can face the deep challenges we face... and unleash the creativity and courage that live on the other side of fear and numbress.

I already know all this stuff, but for others, it may present new thoughts, new inspiration. For me, the way forward is going to depend on better family planning, the empowerment of women, the reform of politics, and better leadership.

An updated version of Joana Macy's work. A "how to" prescription on making social change. Full of heart, great ideas, and practical things anyone can do.

Highly significant message in how to conduct our lives given the serious issue of Climate Change!

Excellent resource for group facilitators of all types

Stunning and comprehensive.

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(Barron's Educational)) Behold a White Horse: The Coming World Leader: The Coming World Leader Good Sex: A Sex Guide for Women on How to Give Men What They Want and Keep Them Coming Back for More The Quality Plan: Practical Advice to Keep Claims Clients Coming Back Customer Satisfaction Is Worthless, Customer Loyalty Is Priceless: How to Make Customers Love You, Keep Them Coming Back and Tell Everyone They Know Coming Back Stronger: Unleashing the Hidden Power of Adversity Why Jesus Is (Probably) Not Coming Back Soon: Preterism, The Book of Revelation, and a Theology of Hope The Complete Guide to Building Classic Barns, Fences, Storage Sheds, Animal Pens, Outbuildings, Greenhouses, Farm Equipment, & Tools: A Step-by-Step ... (Back-To-Basics) (Back to Basics: Building) Making Work Work: The Positivity Solution for Any Work Environment Work Clean: The life-changing power of mise-en-place to organize your life, work, and mind Life Is Not Work, Work Is Not Life: Simple Reminders for Finding Balance in a 24/7 World Restoring, Tuning & Using Classic Woodworking Tools: Updated and Updated Edition The 4-Hour Workweek, Expanded and Updated: Expanded and Updated, With Over 100 New Pages of Cutting-Edge Content. Get Back To Work Faster: The Ultimate Job Seeker's Guide Coming to Life: Traveling the Spiritual Path in Everyday Life Doing Good Better: How Effective Altruism Can Help You Help Others, Do Work that Matters, and Make Smarter Choices about Giving Back

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